



2018–19 ACHIEVEMENTS

WE SUPPORT PEOPLE LIVING WITH MENTAL HEALTH CONDITIONS TO USE THEIR SKILLS, IDEAS AND TALENT TO BUILD THE LIVES THEY WISH TO LEAD.

Co-designing

- 4 events: MH + Education, Suicide Prevention, Mental Health + Me and Wellbeing Labyrinth
- 190 people attended co-design sessions
- Programme and resources for Move More for Mental Health

Guidance + Signposting

- 252 entries of mental health focused services, activities + support to the Sheffield Mental Health Guide
- 1,385 people received guided support through phone line + email
- Promoted across 150 services + community groups

Connecting

- 66 stories by experts by experience
- 18k website users
- 28 people accessed digital skills training
- 90% content user generated

Enterprising

- BAFC: Set up Sheffield Hallamshire Flourish League with FA. Won an SHSC award
- CAST: Exhibition showcasing 20 people's work. Commissioned by HSBC to create artwork for their new HQ
- Connected Worlds: new addition to our enterprises, supporting Rotherham Flourish. Launched an anthology
- Oasis: Van purchase and work with Longley Ward
- Open Door Music: 2 music on the ward sessions at Maple Ward
- People accessing enterprises: 451
- Volunteer hours: 2,067