CAST Volunteer (Writing Group)

CAST is a group of people with lived experience of mental health challenges. CAST run two weekly creative sessions allowing people to develop their confidence as artists and promote their strengths to Sheffield's communities. As well as the weekly sessions, they also help run monthly open mic nights, and organise an annual exhibition showing and selling members’ work.

There are regular opportunities to get involved in projects and commissions. For example, over the past few years CAST has worked with HSBC on commissions for their new Sheffield building, and collaborated with the University of Sheffield’s Circus Archives.

<http://sheffieldflourish.co.uk/cast>

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| WRITING GROUP VOLUNTEER OPPORTUNITYWe’re looking for someone to join CAST’s excellent team of volunteers to support the weekly Writing Group. We already have a dedicated volunteer running the group, so we’re looking for someone who’d be willing to support this role.  We’d specifically like someone to help us welcome and work with people in the group, to help create a supportive environment for creativity. This means the role would ideally suit someone who has an interest in storytelling and a sense of humour. We welcome people from all backgrounds, but for this role would particularly suit someone who has lived experience of mental health issues. We are open to people sharing the role if required.**We are looking for someone who can help us:*** Support the Writing Group in a variety of ways, from supporting attendees to ensuring Flourish policies and procedures are followed.
* Respond to queries via email and very occasionally over the phone (we tend to get an email once a fortnight, so this won’t take a lot of time).
* Help our team with basic admin, e.g. collecting money and making a note of attendees during the sessions.

**In return we offer:*** Full support in the role from CAST volunteers and Sheffield Flourish
* Training where necessary, and plenty of experience
* Being part of a kind and caring support network, which includes monthly network meetings
* References and travel expenses
 |  | START DATEASAP  HOURSFlexible, but you need to be available Wednesdays from 1.30-3pm.  |
|  | TO APPLYPlease email info@sheffieldflourish.co.uk to request an application form. You will be given an enhanced DBS Check as part of the process (funded by Flourish)  |